

# AURORA SENIORS



## JANUARY - FEBRUARY 2008 NEWSLETTER

### SENIOR COORDINATOR

Patty Harrington

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### SENIOR CENTER & PARKS & RECREATION OFFICE

The Walker Building, 129 West Pioneer  
Aurora, Ohio 44202

Office: (330) 562-4333, Fax: (330) 995-9154

Hours: Monday - Friday: 8 a.m. - 4:30 p.m.

### UPCOMING SOCIAL EVENTS

#### Breakfast Before Bingo

Tuesdays, Jan. 8 & Feb. 12 at 9:30am.

Enjoy breakfast with friends!

Then stay for bingo!!

\$2

(Pre-registration required by the day before)

#### A Carribean New Year Luncheon

Wednesday, Jan. 9 at 12 p.m. (noon)

Entertainment provided by Jeff Cavello on the steel drums

\$6

#### Valentine's Day Luncheon

Wednesday, Feb. 13 at 12 p.m. (noon)

Hear all your favorite love songs by the musical group Steppin' Out!

#### Dinner and a Movie

Friday, Jan. 18 & Feb. 15 at 5 p.m.

Meet at Doogan's and the movie will be decided at that time.

#### Sunshine Committee

Miriam Famagelto (330-562-7354)

Barbara Cunnington (330-995-3271)

Lillian Papp (330-562-7104)

Know of a fellow Aurora Senior who is in need of a special card? Let one of these ladies know & they will send a greeting to brighten their day.

### FOCUS ON HEALTH

### AND EXERCISE PROGRAMS

#### Arthritis Foundation Exercise Program

Tuesdays and Thursdays, 12 - 1 p.m.

\$1

#### Walking Video FREE!

Mondays, Wednesdays, Fridays at 9 a.m.

Walk and Firm Low Impact Aerobics

Walker Building

#### Gentle Yoga

Fridays, Jan. 11 - Feb. 15

10 - 11:30 a.m.

\$35/6 classes

Registration before the first class is required.  
Pre-register with Patty by calling 330 995-9148.

Wear comfortable, loose clothing!

#### Massage with Susan Lund, EMP

Mondays, Jan. 7, 21 & Feb. 4, 18

9 a.m. - 1 p.m.

15 min. Hand and Foot - \$15

30 min. Massage - \$20

Full hour Full body massage - \$35

Pre-register

#### Eating Good & Hands on Cooking Demo

Sponsored by Home Instead

Mondays, Jan. 14, 28 & Feb. 11, 25

2:30 - 4:30 p.m.

A fun and interactive program!

Learn to make a different entree and dessert and take home enough for two!

\$5

#### Heap Applications

- The Home Energy Assistance Program (HEAP), administered locally by the Community Action Council, Inc., is designed to assist low income households meet the rising costs of home heating.
- Applications for regular HEAP which is one time credit on a resident's heating bill are available now. Emergency HEAP can assist families or individuals who have had their utilities shut off, have a disconnect notice, or have less than a ten day supply of bulk fuel. Heap assistance begins on Nov. 1 2007 and runs through March 31, 2008.
- Families and individuals needing more information should contact Community Action Council, the local HEAP office, at 330 297-1456.

## UPCOMING TRIPS & OUTINGS - SENIORS ON THE GO, GO, GO . . .

Pre-Registration is required for all trips. Your ticket/seat is not guaranteed until payment is made. Refunds are honored up to one month before the trip.

All checks made payable to City of Aurora.

**Monday, Jan. 14 from 11 a.m. - 2 p.m.**  
**Lunch Bunch at Alessi's in Ravenna.**  
\$2 (Lunch OYO)

**Wednesday, Jan. 16**  
**from 9:30 a.m. - 2:30 p.m.**  
**The Akron Art Museum**  
**for the Norman Rockwell Exhibit**  
\$13(Lunch OYO)

**Monday, Jan. 21 from 4 - 7 p.m.**  
**The Dinner Club - Olive Garden**  
\$2 (Dinner OYO)

**Wednesday, Jan. 23 from 10 a.m. - 2:30 p.m.**  
**The Omnimax Theater at The Great Lakes Science Center. Fighter Pilot: Operation Red Flag**  
Follow Captain John Stratton in his F-15 Eagle as he pursues his life-long dream through Red Flag's complex training. At Red Flag, the international training exercise for air forces of The U.S. and Allied countries, hundreds of the world's best pilots meet for the most challenging flying of their careers. The objective is to make the exercises as real and challenging as possible – to take the pilots to the limit of what they can handle!

\$12 (Lunch at Chop House OYO)

**Friday, Jan. 25 from 9 a.m. - 3:30 p.m.**  
**Pro Football Hall of Fame**  
Enjoy attractions such as the GameDay Stadium Theater, interactive fun in the football toss, Tele-trivia football Game, QB-1 Call-the-Play Theater and the new 2006 Madden Football. There is something for everybody.  
\$18 (Lunch OYO)

**Wednesday, Jan. 30 from 11 a.m. - 4 p.m.**  
**National Packard Museum, "Masters of Speed and Sport Exhibit."**  
\$7 (Lunch OYO)

**Thursday, Jan. 31 from 12:30 - 4:30 p.m.**  
**The Cleveland Playhouse for "Gershwin Alone"**  
\$35

**Sunday, Feb. 3 from 11:30 a.m. - 5 p.m.**  
**Weathervane Theater in Akron**  
**for "Moon Over Buffalo"**  
\$25 (Lunch OYO)

**Monday, Feb. 4 from 10:30 a.m. - 5:30 p.m.**  
**The Home and Garden Show at the IX Center**  
The unrivaled heritage and culture of Italy will be the cornerstone for the 65th annual National City Home & Garden Show. From romantic villas and historic architecture to delicious cuisine and fine wines, the "Beautiful Italy" theme will perfectly capture the country's wealth of treasures.  
\$15

**Wednesday, Feb. 6**  
**from 11:30 a.m. - 5:30 p.m.**  
**Carousel Dinner Theater for "The Odd Couple"**  
\$47

**Friday, Feb. 8 from 8:45 a.m. - 1:30 p.m.**  
**Cleveland Orchestra at Severance Hall**  
**Bach/Webern Schoenberg**  
\$27

**Thursday, Feb. 14 from 9:30 a.m. - 2 p.m.**  
**Cleveland Botanical Gardens Orchid Mania**  
\$11 (Lunch OYO in Little Italy)

**Monday, Feb. 18 from 11 a.m. - 2 p.m.**  
**Lunch Bunch at Bahama Breeze**  
\$2

**Wednesday, Feb. 20**  
**from 8:30 a.m. - 2:30 p.m.**  
**The First Ladies Museum**  
The special exhibit is a collection of White House china including a private collection from the Carter Administration. Plus contributions were made from the Benjamin Harrison and Rutherford B. Hayes homes. The collection featured includes china pieces from the Monroe, Polk, Lincoln, Roosevelt, Wilson, Eisenhower, Johnson, Reagan and Clinton administrations. Each design has a unique story behind its creation and pattern.  
\$24 (Lunch OYO)

(Includes lunch at Trevor 's Chop House inside the McKinley Grand Hotel / Lunch buffet, Hot entrees, fresh salad bar, daily homemade soups, and pasta bar, Admission price and transportation.)

**Wednesday, Feb. 27 from 4:30 - 7 p.m.**  
**Dinner Club - Marcelitas Mexican Restaurant**  
\$2

**PARTA**  
**Portage Area Regional**  
**Transportation Authority**  
**1.800.673.1287**



### Upcoming Trips:

More information in your next newsletter!  
Aurora Residents may sign up for these trips  
at any time. Non-Residents may begin sign-  
ing up on Jan. 14, 2008.

Wednesday, March 5 from 8 a.m. - 7 p.m.  
Trip to Tiffin, Ohio

Watch artisans demonstrate glass blowing and crystal wheel engraving. Browse the show room and outlet. Then it is off to a buffet luncheon before visiting the Tiffin Glass Museum. Following our tour of the museum we will go to the Ritz Theatre, a historic vaudeville/movie palace which was completely renovated in 1998. It's off to the Wax Shack to see a demonstration of hand poured candle making. Everyone will receive a homemade candle before heading home.  
\$36

Thursday, March 6 from 11:30 a.m. - 6 p.m.  
"Wicked" at Playhouse Square  
\$75

Monday, March 10 from 11 a.m. - 2 p.m.  
Lunch Bunch On Tap in Stow  
\$2

Thursday, March 13 from 12:30 - 4:30 p.m.  
Cleveland Playhouse to see "Doubt"  
\$35

Friday, March 14 from 9 a.m. - 1:30 p.m.  
Severance Hall for the Cleveland Orchestra  
\$27

Monday, March 17  
Trip to Garrettsville, Ohio

Wednesday, March 26 from 11:30 a.m. - 5:30 p.m.  
Carousel Dinner Theater "The King and I"  
\$47

**For more information on  
any of these trips, call Patty at  
(330) 995-9148**

### Cleveland Orchestra Friday Morning Performances

Feb. 8	Boulez
Mar. 14	Daphnis & Chloe
April 25	Bartok Concerto
May 9	Scheherazade
May 23	Mozart

All Trips are \$27  
9 a.m. - 1 p.m.

## ON-GOING PROGRAMS AT THE WALKER BUILDING

### Bingo

Tuesdays at 10:30 a.m. \$0.25/game

### Blood Pressure Clinic

Provided by Aurora Manor  
2nd Tuesday of the month at 10 a.m.

### Cholesterol Screening

Provided by Legacy Place  
3rd Tuesday of the month at 11:30 a.m.

### Beltone Hearing Screening

Tuesday, Jan. 8 from 9:30 - 10:30 a.m.

### Arthritis Foundation Exercise

Tuesdays & Thursdays at 12 p.m. \$1

### Walking Video FREE!

Mondays, Wednesdays & Fridays at 9 a.m.

### Podiatrist Visit

Dr. Lara Poduska, D.P.M.  
Complete nail care. Bring Medicare or insurance card for the doctor to file claim. Call Dr. Poduska's office at 216.662.0027 for appointment

### Stitches From The Heart

Fridays, Jan. 4 and Feb. 1  
This is a volunteer program benefiting area agencies in need of items for client use. We will be making the Christmas stocking for the newborns at Robinson Memorial Hospital, warm hats for cancer patients, pillows for open heart surgery patients and cloth bags for wheelchairs for nursing home patients.  
*Monetary Donations are needed to help fund these projects.*

### Dulcimer Lessons FREE

Thursdays from 10 - 11 a.m.  
Learn to play the dulcimer. We have two extra dulcimers if you want to learn.

### Book Discussion Group

4th Monday of each month at 9:30 a.m.  
Monday, Jan. 28 and Feb. 25  
Books TBA

### Shopping with PARTA

Fridays at 10 a.m. - 12 p.m.  
1-800-673-1287

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## Oh What Fun!

### Christmas Party on Dec. 5 at Hilton Garden Inn

